Insurance Benefits Verification

Below is a list of questions we recommend that you to ask your insurance. We highly recommend you document your call with the date, time, and name of representative in case there are future issues with your insurance.

Date _____ Time

Name of insurance representative _____

- 1. Do I have acupuncture coverage on my plan?
- 2. Is Christina Jackson an in network provider on my plan? If not, do I have out of network benefits for acupuncture?
- 3. Are there restrictions as to what type of provider can perform these services? (Some plans will only cover acupuncture performed by a physician).
- 4. Do I need a referral or pre-authorization?
- 5. Is there a limit to the number of visits or dollar amount per year and when does my calendar year start?
- 6. What is my copay and coinsurance?
- 7. Is the benefit combined with any other benefit such as physical therapy, massage or chiropractic care?
- 8. Is my coverage subject to an annual deductible and has this deductible been met?
- 9. Are there any restrictions as to the diagnosis codes you cover? (Some plans will only cover pain or anesthesia, for example, and plans rarely cover acupuncture for infertility